

THE MESSENGER

AUGUST, 2022

Looking Forward to a Vibrant Fall at St. Paul's

It always amazes me how fast "time flies!" Summer is more than half over and there are several projects we urgently need to move forward on over the next few weeks.

Youth Christian Faith Formation

First, as you will notice later in this edition of *The Messenger*, there will be a meeting in the Olcott Room on **Sunday, August 7 at 11:30 am** following Sunday services for anyone who is interested in helping organize our fall offerings for youth Christian faith formation. Please consider attending if you are interested at all in helping organize or participating in any way in this effort, or perhaps just want to offer your ideas and your support.

Wednesday Worship, Fellowship, & Faith Formation

Second, along with the general effort outlined above to vision and form renewed youth faith formation programs, on **August 31** we plan to again begin to offer weekly **Wednesday Eucharist at 5:30 pm** followed by a light meal and fellowship and further followed by both youth and adult faith formation opportunities. I will discuss some ideas I have for Adult Forum/Faith Formation topics at the August 7 meeting.

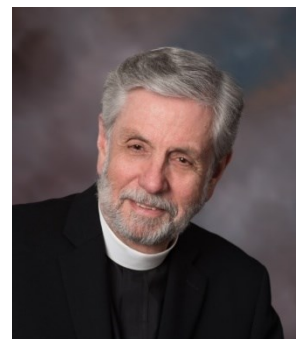
Faithful Innovation Training

Third, as I have mentioned before and as The Rev. Canon Blair Pogue explained in more detail when she was here earlier this month, we would like to have anyone from St. Paul's who is interested in committing to three (3) training sessions to contact me or our Parish Secretary, Rita, and let us know. I would like to have a co-

hort of 3 - 5 persons willing to engage in this training. The three formal sessions will be held on Saturdays (September 10, December 3, and on April 8 next year). There will be other gatherings in between these sessions to share the spiritual practices and experiments learned during the formal training sessions. If you are interested but aren't exactly sure what you would be committing yourself to, please contact me.

Visit episcopalmn.org/faithful-innovation to learn more. We need to have those who will be attending these training opportunities registered with ECMN by the middle of August, so please consider this valuable training and let me know if you are interested.

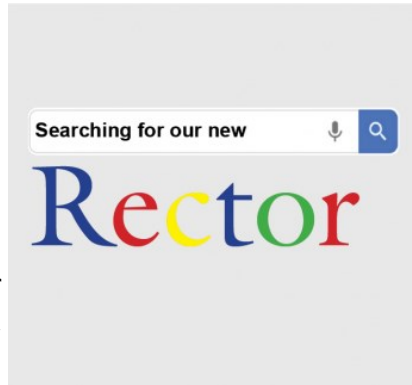
These are just the most pressing efforts we need to concentrate on and organize over the next month or two. There are other ministry efforts that will be taking place and others being organized more fully as we begin to move into the "new normal" of our life together here at St. Paul's this fall. This is going to be both a challenging and exciting period at St. Paul's. Stay tuned!



Yours in Christ,
The Rev. Rick Swenson

From Your Rector Search Committee

Our final candidate has met with St. Paul's wardens, vestry, a representative from the budget committee and the human resources committee; with staff, Deacon Pat, and Rev. Rick. In a very short time, Eirik Rennan will convene the vestry for the purpose of approving issuing a call to this rector candidate. If vestry does approve, Eirik and the candidate will finalize negotiations, and a Letter of Agreement will be prepared and signed.



We wholeheartedly support this candidate and look forward to introducing her to St. Paul's community this summer.

Respectfully submitted,
Mary Dragich

*On behalf of: Paul Almirall, Mark Brown,
Rebecca Butler, Nat Constance, Ryan
Erspamer, Kathy Leonard, Terry Roberts,
Amber Sadowski, Angie Shambour,
and Nelson Thomas*

Happy Trails and Best Wishes



With tearful best wishes, we say "until we meet again" to the Rev. Deacon Barb Hauck and Steve Hauck. They sold their Duluth home in July and have moved to Ohio to be close to their son and his family. Steve and Barb have requested to remain on our mailing list. They would love to keep in touch with all of their friends from St. Paul's. Barb called the church to request that we share their new postal address with you:

Steve & Barb Hauck
1030 Stonecutters Ln
South Euclid OH 44121

From Mount Olive Church

Our neighbors at Mount Olive Lutheran Church, site of the former Trinity Pro-Cathedral, are celebrating their 100 year anniversary. Part of the festivities includes an Open House on Sunday August 28, 2022, from 1:00—3:00 pm. Jon Farchmin is researching information to include in an historical presentation for that day. He



has already received some research assistance from St. Paul's archivist, Bob Silverness. The building is located at 2012 E Superior St, Duluth. It's been Mount Olive since 1956.

All are welcome to attend the Open House on August 28.

From Your Vestry

The vestry did not have a July meeting. The next meeting will be on Tuesday, August 16, 2022.

Asset-Based Community Development



Please join me on **Sunday, August 14, from 11:30 am—1:30 pm** for **Called to Transformation: Gifts of God for the People of God**. We will gather in the Olcott Room for a deli lunch following coffee hour. This training will prepare us to understand mapping our greatest asset: our people! We will examine some detailed examples of asset-based community development at work in a variety of settings, tweak the relational meeting so we have a framework suitable to our context and reflect our personal voice, and start mapping our neighborhood!

RSVP to Deacon Pat: deacon@stpaulsduluth.org

Safe Church Training in August

Most of us attended Safe Church training back in August of 2019, and now it's been almost three years since that time — so we are due for a renewal. Thankfully, our own Deacon Pat is a certified trainer. The **Tier 2** training is required for everyone who has access to the building (keys/swipe card); **Tier 2 and 3** training is required for everyone who volunteers with children, youth or vulnerable adults at St. Paul's. The training will last three hours and you will get a free meal for your time. Please sign up in advance by calling the Parish Office 218-724-3535.

Tier 2

Wednesday, August 17, 5:30-8:30 pm, Parish Hall

Tier 3

Wednesday, August 24, 5:30-8:30 pm, Parish Hall



Support for Ukrainian Refugees



Our friends at Trinity Lutheran have sponsored several Ukrainian refugees, and invite our assistance. Please contact Deacon Pat if God is calling you to share in this ministry. 218-724-3535, deacon@stpaulsduluth.org

From Your Altar Guild



Our Altar Guild is in need of new members! You don't need to be a life-long member of St. Paul's, a certain age or gender, or even attend church services every Sunday to become a member of the Altar Guild. And no previous experience is required! We just need people who are willing to carefully and respectfully serve our beloved St. Paul's church and all that is within.

If you have any questions, would like to hear more, or are excited to begin, you may contact me by phone or email. Or, speak with any member of the Altar Guild — they will happily tell you about our joyful service!

Respectfully submitted,

Lynnea Hultkrantz

218-428-8838

lynneajh@mac.com

From Your Neighbors at CHUM

Help feed a fellow Duluthian!

Help feed your fellow Duluthians. The following is a list of items most needed. You may bring donations to CHUM Food Shelf (102 W 2nd Street, Duluth) on weekday mornings, or just leave it here at church (on the pew in the very back of church) and Deacon Pat will deliver it.

- Canned Chili
- Canned Beef Stew
- Canned Pork & Beans
- Spaghettios
- Canned Ravioli
- Canned Fruit
- Canned Vegetables
- Ramen Noodles
- Canned Soups
- Canned Chunky Soups
- Spam
- Canned Tuna
- Canned Chicken
- Peanut Butter
- Macaroni & Cheese
- Cereal
- Rice
- Boxed Potatoes
- Canned and Dry Beans
- Canned Tomato Products



From the Women of St. Paul's

It's BERRY season in northeastern Minnesota. Here are a couple of recipes taken from "Cherished Recipes, Number 3" by The Women of St. Paul's Episcopal Church, published in October of 1996.

Raspberry Bars

— Sally Birk



Cream 3/4 c. butter, 3/4 c. powdered sugar and 1 1/2 c. flour. Press into 9" x 13" pan. Bake 12-15 minutes at 350°.

Beat 3 egg whites until stiff but not dry. Add 3/4 c. sugar, a Tablespoon at a time. Fold in 3/4 c. raspberry jam, 1/2 c. each of shredded coconut and sliced almonds. Spread on top of cooked crust.

Bake 20 minutes at 350°. Cool before cutting.

(Note from Rita: feel free to substitute 3/4 c. crushed fresh raspberries in place of jam. This will reduce total sugar and calories from the recipe.)

Blueberry Coffee Cake

— Heidi Lyle

1/2 c. butter
 1 8-oz. pkg. cream cheese
 1 c. sugar
 2 eggs
 1 tsp. vanilla
 1/3 c. milk
 2 c. flour, unsifted
 1 tsp. baking powder
 1/2 tsp. baking soda
 1/4 tsp. salt
 1 c. fresh or frozen blueberries

Topping:
 1/2 c. brown sugar
 1/2 c. flour
 1/2 tsp. cinnamon
 3 T. butter



Preheat oven to 350°. Mix dry ingredients. Cream butter, cream cheese, sugar, eggs and vanilla. Alternately add milk with dry ingredients. Mix in blueberries. Batter will be thick. Place into a greased and floured 9" x 13" pan. Mix topping so it is crumbly and place on top of batter. Bake for 30-35 minutes.

Lost Treasures from the Archives

“Firsts” at Saint Paul’s

In searching in the archives, I found three pages of the dates of when organizations started at Saint Paul's. I wish I could give credit to the person who researched these papers but no name was found.

Date	Organization
1882	St. Luke’s Hospital — Oldest Charity in Duluth
Before 1893	Ladies' Guild
1893	Women’s Auxiliary
1893	Brotherhood of St. Andrew
1893	Choir: men and boys vested for the first time
June 1894	Reading Club: to study doctrinal or applied Christianity
Oct. 6, 1895	Choir: women vested for the first time
1895	Daughters of the King: Mrs. Paine, director
1895	Bible Class
April 22, 1895	Guild of St. Barnabas: Nursing
1895	Church Periodical Club: Mrs. J. E. Bowers, secretary
1896	Sunday School Library — started with \$100.00
1896	Girl’s Industrial School: Miss Grady, director
Dec. 3, 1897	Junior Auxiliary
1902	Bible Class, under Sister Ellen, 2:30 pm Sundays
1902	Girls Friendly Society — led by Deaconess George
1902	Mother’s Club
1902	Mission Sunday School at Duluth Heights
July, 1903	Altar Guild, organized by Mrs. Page Morris, Pres. Miss Page Morris
December, 1903	Young People’s Social Club: club of young people for social purposes. Miss Pearson, secretary
December, 1903	Boy's Club, led by Mr. Paulsen
1905	Junior Auxiliary, led by Mrs. Suffel
1906	Little Helpers, led by Mrs. Taylor
1906	Brotherhood of Saint Andrew (2nd), led by Mr. Read
1911	Girls Friendly
1911	Silver Guild
1911	Junior Auxiliary, led by Mrs. Pryor
1912	Men’s club organized, L. H. Jones, President
1917	Boy Scouts. First scout leader: Wm. F. Kleinschmidt
1920	Girl Scouts registered. This troop had the first Golden Eaglet in city: Helen Baldwin, 1922. Note: the Golden Eaglet was the highest rank of Girl Scouting from 1919-1939



Miss Helen Baldwin

Respectfully submitted,
Bob Silverness

From Your Bookkeeper

Dear Parishioners,

June 2022 financials were presented to the Finance Committee in July 2022. Here is a summary of the June **General Fund** Statement of Activities.



MONTHLY FIGURES: June	This Month	Year to date
Total Pledges collected	\$13,248.55	\$169,958.16
Prior year pledges	\$0.00	\$1,339.57
Total non-pledged collection	\$2,561.85	\$7,890.88
Investment support	\$10,196.36	\$51,675.10
Total Collected	\$26,006.76	\$230,863.71
Monthly expenses	\$31,757.12	\$188,896.55
amount over/(short)	(\$5,750.36)	\$41,967.16

The pledge collection amount for June is \$770 over budget, and the Year-to-Date pledges are ahead of budget by \$12,400.

Expenses are \$2026 under budget for the month and \$42,375 under budget Year-to-Date. It is expected that expenses will more closely fall in-line with the budget once we have additional staff on board.

If you have any questions, comments, or suggestions, please call my office or email me at bookkeeper@stpaulsduluth.org.

Christine Melone,
Bookkeeper

Deadline for submissions to the September issue of *The Messenger* is
8:00 am, Tuesday, August 23, 2022.

Please email items to:
office@stpaulsduluth.org

The Deacon's Stoop



In the Update from Outreach in this month's Messenger you'll read about opportunities to make connections with the people who live in the neighborhood surrounding St. Paul's. We'll continue with what we started at the Rummage Sale, being present and meeting our neighbors at Loaves & Fishes Block Party in August, a Wel-

come Students event in September, Rally Day, or by joining a friend and simply walking about the neighborhood and pausing to chat as we encounter our neighbors.

Jesus never hung signs or scheduled meetings, yet he had no trouble connecting with people in the neighborhood, of *any* neighborhood. He was present to people with a practice of deep listening rooted in servant leadership that values their culture, stories and experiences. Jesus modeled for us how to develop relationship with our neighbors. As he listened to their stories, he learned of the experiences that shaped them, what compelled them, what they want for themselves and the people they care about.

Natural opportunities for conversation with people we don't know pop up every day; in an elevator, waiting in line at the park for an ice cream, at the bus stop. In the **Asset Based Community Development** model, we are intentional about *creating* these opportunities. Sharing a cookie at the entrance to the Rummage Sale, setting up a Root Beer Float stand at a local block party, inviting our student neighbors (and others) to a grilled hotdog on the lawn; we are recognizing these as opportunities to build relationship with our neighbors.

ABCD encourages us to use a relational meeting to get to know our neighbors:

- Story
- Passion
- Vision
- Values
- What motivates them
- What they will act on



An initial individual meeting is short, 15-25 minutes, and we don't capture all this information in one sitting. We want to create "conscious curiosity", sharing where their interests intersect with St. Paul's so they want to learn more, to meet again. This isn't about trying to "sell" them on St. Paul's, but is person-centered, listening and trying to see the world from their perspective, probing about their interests

and observing potential connections.

Be authentic with your own story, and you may enter the encounter as a relative stranger and leave with the beginnings of a friendship. We trust God is at work in our neighborhood. This framework provides us with a model of how to identify and observe what God is already doing in our community through his beloved people that surround us.

Summary:

- Develop a positive, trusting relationship with the other person.
- Listen
 - To identify longings and concerns, hopes and opportunities.
 - To identify leadership, skills, opportunities.
- Be intentional
 - Note what you have learned and share your experience with Outreach
- Be yourself as you carry the love of Jesus into our neighborhood!

Contact me if you would like to learn more, or to join us for one of the events in August or September. Join us on Wednesday, August 3, at the Outreach meeting to connect, share insights, explore and plan.

Please join me on **August 14 from 11:30 am—1:30 pm, for Called to Transformation: Gifts of God for the People of God.** We will gather in the Olcott Room for a deli lunch following coffee hour. This training will prepare us to understand mapping our greatest asset: our people! We will examine some detailed examples of asset-based community development at work in a variety of settings, tweak the relational meeting so we have a framework suitable to our context and reflect our personal voice, and start mapping our neighborhood! **Please RSVP to Deacon Pat: deacon@stpaulsduluth.org**

Almighty and most merciful God, grant that by the indwelling of your Holy Spirit we may be enlightened and strengthened for your service; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. AMEN

Blessings,

Deacon Pat

Email: Deacon@stpaulsduluth.org

Phone: 218-724-3535

From Your Outreach Committee

Please join us for an Outreach Committee Meeting on Wednesday, August 3 at 5:30 pm in the Parish Hall.

Here are the things we are working on along with opportunities to get involved:



floats and get to know our neighbors. We will have our prayer flags displayed and we will welcome our neighbors to share their prayers for the community.

- A welcome event for the students in the neighborhood on Wednesday, September 21st from 5:30-

- Stepping On Up Program through CHUM
 - Volunteer at Safe Bay (outdoor version of winter warming centers)
 - Donate money or land
 - Educate yourself about issues related to homelessness
 - Camp cleanup
 - Resident Support
 - Site design & construction
 - Fundraising
 - Advocacy
 - Engage neighbors of Stepping On Up Villages
 - Letters to the editor to support Stepping On Up
 - Spread the word
- Loaves & Fishes is having a block party on August 20th from 2-5. The Outreach committee would like to sponsor a table with Root Beer Floats. (See page 10)
 - Volunteer to serve floats
 - Volunteer to help neighbors create a prayer flag
 - Volunteer to staff a game station (like the giant connect four game)
 - Donate funds or supplies for floats
 - We are looking for volunteers to serve up

7:30

- Volunteer to coordinate the event
- Volunteer to cook hot dogs
- Volunteer to create gift bags for students (can be done ahead of time)
- Donate funds or things college students may need for their apartments like paper towels and cleaning supplies.
- Asset mapping for the Asset Based Community Development model.
 - Contribute to the congregational asset map that will be available at Rally Day
 - Start thinking about our human assets such as:
 - Employment networks and skills
 - Personal networks and skills. including volunteer experience
 - Congregational networks and skills
 - Current happenings
 - Faith in Our Future outcomes
 - Congregational leaders

Respectfully submitted,

Leslie Brunfelt

Loaves & Fishes Block Party



LOAVES AND FISHES BLOCK PARTY 2022

SATURDAY, AUGUST 20, 2022 AT 2 PM – 5 PM

1600 Block of Jefferson St (in front of Olive Branch)

Come celebrate summer and neighborhood community at the Loaves and Fishes' annual Jefferson Street Block Party!

Enjoy:

- live music
- family-friendly games & activities
 - prizes
 - a cookout
 - root beer floats
- the Slowest Bike Race

Sign up here to contribute to the pot luck:

<https://tinyurl.com/yprfam98>

See you on August 20

St. Paul's Outreach Committee is sponsoring the Root Beer Floats.
Read more about the planning on previous page.

LAY MINISTRY SCHEDULE –AUGUST 2022

Please find a sub if you are unavailable for your scheduled date.

	August 7	August 14	August 21	August 28	September 4
ALTAR GUILD	K LEONARD	C CONRAD	J MARINAC	J JARNIS	K LEONARD
	S Cox	S Anderson	A Gustafson	D Kolquist	S Cox
	J Harvey	S Hall	L Hultkrantz	R Ballou-Buck	J Harvey
		A Sadowski	C Miller	A Schliep	
LECTOR 8:00 am	M Gustafson	A Mackenzie	N Diener	J Pastor	M Gustafson
LECTOR 10:00 am	K Smith	M Gustafson	N Diener	S Stromquist	J Pastor
ACOLYTES	A Rennan	G French	S Morin-Swanson	E Erspamer	L Fellman
	L Fellman	A Barthel	O Morin-Swanson	A Dodge	L Gustafson
	L Gustafson	E Barthel	M Butler	J Bauer	A Rennan
LIVESTREAM	R Lyle	J Austin	R Lyle	J Austin	D Clanaugh
COFFEE HOST	C Andrews and J Peterman	S M Anderson	N Constance	Sadowski Family	Bauer Family
USHERS	M & S Brown	D Morin	R Lyle	J Harvey	M & S Brown
	D Kolquist	K Swanson	G Olson	N Schuldt	D Kolquist
		D Barthel	P Waite		
		P Enenbach	M Gustafson		
LOCK UP	J Austin	D Pederson	C Fellman	M Brown	J Austin

Rhubarb Jam Bake

Altar Guild Other Duties for August:

August Linens:

C Miller

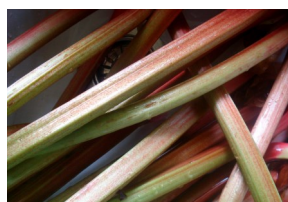
Sub: C Conrad

July/August Brass Cleaning—Date TBD:

C Miller, S Hall, K Buck, M Fegley

Weekly Team Subs:

G Bouschor, E Killen



Join Deacon Pat for a fun and educational Rhubarb Jam Bake on Saturday, August 6, from 8:00 am—11:30 am in the Parish Hall and Kitchen at St.

Paul's. You will help make a big batch of Rhubarb Freezer Jam to benefit CHUM Outreach programs, and also learn about homelessness while the jam is in the oven. All are welcome! Contact Deacon Pat for more information.



St. Paul's Episcopal Church
1710 E. Superior St.
Duluth, MN 55812

Non-Profit Organization
U.S. Postage
PAID
Permit No. 667
Duluth, MN

ADDRESS SERVICE REQUESTED

To receive an electronic copy of the newsletter, email us at office@stpaulsduluth.org or call 218-724-3535

Visit our website:
www.stpaulsduluth.org



We are Called:

Everyone who has an interest in the Christian Formation programs at St. Paul's is encouraged to attend a meeting.

11:30 am Sunday, August 7,
in the Olcott Room

Fr. Rick will lead a meeting for
all stakeholders;

childcare will be provided.