



ST. PAUL'S EPISCOPAL CHURCH

MESSENGER

Deadline for submitting
articles for the April
Messenger is March 19.
Email them to
office@stpaulsduluth.org

MARCH 2010

"Racism, Stereotypes, Logos and what is an American Indian?"

Presentation by The Rev. Robert Two Bulls

1:00 - 4:00 p.m.

Saturday, March 6, 2010

Parish Hall

St. Paul's Episcopal Church

1710 East Superior Street

(Use the Greysolon Rd entrance)

An enrolled member of the Oglala Lakota Oyate, Rev Two Bulls is an ordained Episcopal Priest and an artist.

Originally from Rapid City, South Dakota, he has lived and worked in the Washington, DC area, Los Angeles and New York City. Currently living in Minneapolis, he is Director of Indian Work for the Diocese of MN and Vicar of All Saints Indian Mission. His vocation and ministry is working with the Native American Indigenous Peoples of this land under the auspices of the Episcopal Church.

**SPONSORED BY THE UNDERSTANDING & DISMANTLING RACISM COMMITTEE
OF
ST. PAUL'S EPISCOPAL CHURCH, DULUTH, MN**

It is my intent to share highlights from Vestry meetings with as many members as are interested in what goes on at our meetings. Our Vestry meets on the third Tuesday of each month and I hope to communicate with the membership with information in each Messenger after our meeting.

Ken Buck, Senior Warden

Vestry Meeting, February 17

Prior to our Vestry meeting, we enjoyed a wonderful pancake supper and talent show. We believe there were over 100 people in attendance and all seemed to have a great time. So many men turned out to help in the Kitchen, we think there could be a new men's group to be formed. So, looking for all men who seek to form a group and let the spirit lead the way.

Monthly financials – Good news and bad news. The bad news first, our current year pledges received through January 31, 2010 are down compared to last year and the budget. The good news is we received two large unpledged gifts totaling \$7,000. It is wonderful when gifts come in, but it also makes operating the church on a daily basis challenging when we have a shortfall in pledge income. Last year our pledge income in January was about 19% of our budget and this year it was 8% of our budget, so we encourage all people pledging to stay as current as possible. Our expenses continue to be well controlled.

We seek to develop a policy to adhere to as we receive gifts that are undesignated and we seek counsel from our investment committee.

We will embark on a visioning process for this vestry and we solicit all of your input on what is important to you in the life of St. Paul's. We plan to devote time to work on our vision in late April or early May. (A red box is located in the back of the church. We invite you to write down your suggestions or questions for the vestry and place them in the box.)

Your vestry members are Ken Buck, Terry Roberts, Mike French, Sally Rogers, Nelson Thomas, Joe Dusek, Deb Almirall, Beth Fait, Charlie Orsak, Craig Fellman, Joe Ferguson, Tom Elliot, Nancy Rubin, Sue Meyer. Please bring your questions, concerns, and thanks to the vestry member of your choice. See you in church.

NEW FLORAL MEMORIALS AND THANKSGIVINGS

The beautiful spring flowering plants that decorate the Church on Easter Sunday are funded by the generous donations given in memory of departed loved ones or for thanksgiving for some occasion. The names in the memorial list are continued each year, unless otherwise requested, and do not have to be resubmitted. NEW MEMORIALS may be established by submitting the names in writing to the church office by MONDAY, MARCH 22, or call Joanne Marinac, Altar Guild Floral Memorial Coordinator at 728-6330. The suggested minimum donation is \$15 or you may contribute any amount. An acknowledgment and statement will be sent to all donors after Easter Sunday. The Altar Guild is most grateful for these memorials which make it possible to beautify the Church on these special days as well as the altar each Sunday. Submitted by Joanne Marinac

SO MANY THINGS GOING ON.....

I am struck in a particular way as I look at a list of all that is going on this month at St. Paul's. You will read about most of these things in greater detail in other places in this newsletter, but here a partial list:

As always, we have services at 8:00 and 10:00 every Sunday morning. This month we make our way through the Season of Lent.

Sunday School classes and Children's Church are held each Sunday morning. This month, Sunday School will journey through Lent using the image of the caterpillar who becomes a butterfly. Keep an eye on the area around the baptismal font to see how this journey progresses.

St. Paul's will prepare and serve lunch at the Damiano Center on March 1.

The Prayer Station will be staffed on March 14 & 28.

Understanding and Dismantling Racism Committee will host a special guest speaker, the Rev. Robert Two Bulls, on March 6 & 7. Robert is the Director of the Department of Indian Works at the diocese.

Wednesday Church Nights will have parishioners speaking on "Why I am an Episcopalian" and a powerful DVD entitled "The Power of Forgiveness."

We will have a Ceili (Irish) Dance with Terrance Smith and special Irish Dinner on St. Patrick's Day.

Mary Ellen Ashcroft will be here on March 20 to lead a Lent Day of Reflection.

We will host the Little Treasurers Anniversary Party on March 23.

There will be Palm Cross making on March 25 for Palm Sunday March 28.

We offer a service of Eucharist in the chapel each Wednesday noon followed by a soup lunch in the hall.

6th – 8th graders are planning a Lock In at the Church for March 20-21.

We have a group of men interested in (re)starting a Men's Group!

A forum for a new vision of Youth Ministry will be March 14 at 11:30am.

This is just a partial list of the special events! It does not include things like choir rehearsals, regular committee meetings, Outreach Coordinator office hours and Bible studies. I encourage you to look at the many offerings this month and participate as much as you can. I believe there is something for everyone on this list.

Peace, Bill Van Oss, Rector

ENVIRONMENTAL STEWARDSHIP

Bill McKibben, author and environmental activist, will be in Duluth on Tuesday, March 9. Mr. McKibben is an active member of the United Methodist church and his book, Deep Economy, reflects deeply held values regarding the idolatry of consumerism, the importance of community, and the scriptural imperative that we be good stewards of the earth. From 1:30 pm – 3:00pm on Tuesday he will meet with clergy and concerned church members at First United Methodist Church. At 7:30pm he will be speaking at Mitchell Auditorium at the College of St. Scholastica.

WEDNESDAY NOON EUCHARIST AND LUNCH

Each Wednesday noon during March (except the 31st) there will be a simple service of Eucharist in the chapel followed by a soup lunch. This is a great way to pray and reflect during the Season of Lent. Thank you Fayth Glass for preparing the lunches.

WEDNESDAY CHURCH NIGHT

We have some fabulous Church Night programs and a very special event planned for Wednesdays this March.

March 3 & 10 we are continuing our Church Night series: **"Why I am an Episcopalian."** Parishioners are the speakers and will be doing reflections on this topic. On March 3, Sue Meyer, Jean Moberg, Peg Sutherland and Rhoda Robinson are the speakers. On March 10, it's Laura Budd, Jen French, Holly Butcher and an as yet unidentified volunteer.

March 17 - St. Patrick's Day - We will celebrate with a **Ceili (Irish) Dance** and meal in the parish hall. Terrance Smith will be here to teach and lead the dance. An Irish supper will be provided beginning at 6 p.m. with the dancing to follow. This is a fundraiser to benefit the Loaves and Fishes Community.

March 24 - church Night will feature the powerful DVD **"The Power of Forgiveness."** This video is a series of stories of forgiveness including the Amish schoolhouse incident, 9/11, Northern Ireland, and a murder victim's father who reconciles with his son's murderer. This DVD is a great way to learn about and reflect on forgiveness during the Season of Lent.

March 31 -No Church Night service, meal or program due to Holy Week.

Church Night Schedule:

5:30 p.m. - Service of Eucharist in Church

6:00 p.m. - Simple Supper in the Hall - Provided!

6:30 p.m. - Program

Childcare available. Please plan to make a donation to cover the cost of the meal which is provided.

HOLY WEEK SCHEDULE

SUNDAY, MARCH 28--PALM SUNDAY, SERVICES 8A.M. & 10A.M.

WEDNESDAY, MARCH 31--NO SERVICE, MEAL OR PROGRAM

THURSDAY, APRIL 1--MAUNDY THURSDAY SERVICE 7P.M.

**GOOD FRIDAY, APRIL 2--GOOD FRIDAY NOON AND 1P.M. SERVICES
STATIONS OF THE CROSS, 6P.M.**

HOLY SATURDAY, APRIL 3--9A.M. DECORATING THE CHURCH

**10A.M. TO 11:30A.M. ALLELUIA FESTIVAL W/EASTER
EGG HUNT**

Sunday School and Children's Church:

1. **Lenten Theme:** Sunday school and children's church are focusing on the theme "From Caterpillar to Cocoon to Butterfly: God's Metaphor of Metamorphosis. Centered on the life cycle of the Monarch butterfly, the four stages: egg, larva, pupa and adult tie together the visual message of the developing butterfly with the spiritual message of the Scriptures and the season. As we grow through lent and see the changes that we can make within ourselves, with God's help, we can be transformed by the promise of Eternal life as we see it glimpsed through Jesus' death and resurrection. Each week we will see the changes taking place in the butterfly and use a different key word to associate those changes with the changes in our life: map, mission, modification, marvel, maturity, mystery and finally on Easter Sunday; miracle!
2. **Family Booklets:** Households received a booklet at the recent Lent Festival with family devotions for each week based on the theme and includes scripture, symbols, story and prayers. If you did not receive one, please contact Sue and she will make sure you get a booklet.
3. **Last Supper:** This year we are also taking an in depth look at the Last Supper of Jesus and how that meal has changed and transformed how Christians worship for hundreds of years.
4. **Save the date for VBS:** returns for another great week July 19-23 from 9am-noon each day. Our theme is Galactic Blast: A Cosmic Adventure Praising God! As you start to plan other summer activities, lessons and camps, be sure to save this week where your cadets will voyage into outer space praising God. Galactic Blast Vacation Bible School 2010 engages children of all ages and learning styles through out of this world Moons and Tunes music, action-packed Rocket recreation games, amazing Orbital Observatory science activities, captivating space facts, cool Cosmic crafts, Good New Galaxy Bible stories, Astro Bistro snacks, and tips they can take home beyond VBS to help our planet Earth. Cadets ages 4-10 are welcome to join our space adventure and ages 11 and up are welcome to join the astronaut crew to help our cadets blast off!

Holy Week/Easter Activities:

1. **March 28 Palm Sunday** - all kids will be a part of the opening procession of palms and then will be dismissed either to the children's room for children's church or the resurrection room upstairs for Sunday school age children for a retelling of the Passion story on their level.
2. **Maundy Thursday April 1:** Service is at 7pm in church, nursery will be open for infants-age 3.
3. **Good Friday April 2 : Stations of the Cross:** The Sunday school kids will be presenting a reenactment of the Stations of the Cross on Good Friday, April 2 at 6pm. All are invited to attend! There will also be a noon service on Good Friday.
4. **The Alleluia Festival/Egg Hunt** will be Saturday, April 3 from 10-11:30 a.m. Through fun, engaging activities, crafts and food families will learn the meaning of Easter beyond the chocolate bunnies and dyed eggs! We will be doing some special butterfly activities that tie into our theme we have been using these past weeks in Sunday school and children's church. And of course, we will have a fun filled Easter egg hunt with different areas for different ages! Extended family in town? Bring them for this wonderful way to celebrate Jesus' resurrection!
5. **April 4 Easter Sunday** – no children's church or Sunday school, but the nursery will be staffed for infants and toddlers during the 10:30 a.m. service. Please remember that the nursery is only for infants - age 3. We will have special welcome bags for children ages 4 and up to use while they are in church with their families.

DAMIANO SOUP KITCHEN

Volunteers from St. Paul's prepare and serve the meal at the Damiano Soup Kitchen on the first Monday of each month. The date this month is Monday, March 1 from 8:30 am to 1:00 pm. Damiano Center, 206 W 4th St . Some volunteers are on 1/2 shifts. Let me know if you can help. Thanks, Nelson Thomas 525-5785

ST. PAUL'S EPISCOPAL CHURCH ANNUAL RUMMAGE SALE

Attention All Spring Cleaners!

St Paul's annual rummage sale will be held on **Saturday, April 24th**. It's time to start thinking about cleaning out your closets, basements, kitchen cupboards and garages. We are looking for your donated items such as gently-used clothing and shoes, household items, toys, books, sporting goods, tools, furniture, small appliances (in good working order, of course) and any other interesting items you may no longer need (but others might).

PLEASE NOTE: NO COMPUTERS OR RELATED EQUIPMENT INCLUDING MONITORS OR TV'S. Remember: if you would NOT buy it, we can NOT sell it!

We will not be able to store items in the church but do have storage space in the garage so if you must bring your items early, please call Kathy at St. Paul's, 724-3535, and she will make arrangements to open the garage so you can unload your items there. Otherwise, plan to bring your donations beginning April 20th directly to the church.

There will be a meeting concerning the rummage sale in the Parish Hall on Wednesday, March 3rd at 10:00. All are welcome and encouraged to come with your ideas to help us make this the best sale ever. Submitted by Carrie Miller

12 BASKETS PROJECT-LITTLE TREASURES ANNIVERSARY

Sign up outside the office to help with the 10th Anniversary Party for the children and families of Little Treasures on Tuesday, March 23 from 5-7pm in the Parish Hall. We will be serving a dinner and having games for the kids. We need help preparing the food, serving the food, setting up the games and running the games. Please see Liz Austin if you have questions.

March collection items are diapers and baby wipes which can be placed in the baskets by the doors to the sanctuary.

MEN AS PEACEMAKERS NEEDS VOLUNTEERS

Mentoring Works! A grade school mentoring project

Would you consider giving a hour of your time once a week if you knew it really make a difference? Consider that every kid who has a mentor allows the teacher just a little more time to teach and as this happens other children get more help. It is a bit like the pebble tossed into the pond, the ripples have effects well beyond the point of impact. Teachers have more time to teach, administrators spend less time on discipline, the mentor comes away feeling fulfilled, and children and their parents feel more positive about school.

A mentor in this program is a caring adult who is willing to spend an hour a week with an elementary age child at their school. If you are interested please contact Dennis at Men As Peacemakers at 727-1939 or fill out the application you will find at the Men As Peacemakers website. Thanks.



WEAR GREEN AND
CELEBRATE
ST. PATRICK'S DAY
@ ST. PAUL'S!
WED. MARCH 17

5:30PM SERVICE CELEBRATING ST. PATRICK

6:00PM IRISH DINNER— FREE WILL OFFERING

6:30PM CEILI DANCE FUNDRAISER FOR LOAVES AND
FISHES WITH ZENITH CITY ALL STAR BAND AND
TERRANCE SMITH- CALLER

IRISH SOCIAL OR CEILI DANCES ARE PERFORMED WIDELY THROUGH-
OUT IRELAND AND THE WORLD. IT MAY BE PERFORMED WITH AS FEW
AS TWO PEOPLE OR AN UNLIMITED NUMBER OF PEOPLE IN A LONG
LINE OR PROCEEDING AROUND IN A CIRCLE. TERRANCE SMITH WILL
BE "CALLING" THE CEILI DANCE, THAT IS, THE UPCOMING STEPS ARE
ANNOUNCED DURING THE DANCE FOR THOSE NEW TO THE DANCE,
SO EVERYONE CAN ENJOY IT!

SUGGESTED DONATION FOR DANCE IS \$10 FOR ADULTS, \$7 FOR STUDENTS
WITH PROCEEDS BENEFITING LOAVES AND FISHES, WHICH IS A GOSPEL-BASED
COMMUNITY ONE BLOCK FROM CHURCH. THE GROUP SHARES TWO HOUSES,
OUT OF WHICH THEY OFFER HOSPITALITY TO INDIVIDUALS AND FAMILIES WHO
ARE HOMELESS AND MARGINALIZED. THEY EMBRACE THE CATHOLIC WORKER
TRADITION OF SERVICE, PRAYER, SIMPLICITY, COMMUNAL LIVING AND NONVIO-
LENT RESISTANCE.



ST. PAUL'S ARCHIVES-SHARING THE PAST

THE EXECUTIVE BOARD OF THE GUILD -AUXILIARY --MARCH 6, 1940

The regular meeting of the executive board of the St. Paul's Guild Auxiliary was held in the Vestry Room, March sixth, at 2:15.

Following a prayer, the minutes of the last meeting were read and approved.

After a short discussion it was decided not to do anything further about changing the date of election of officers, and to leave to the new board to be elected in May, the matter of accepting the budget in January instead of May as has been done in the past.

The Treasurer reported a credit balance in the bank of \$ 753.32. Her report was accepted and a motion passed to place it on file.

Mrs. Walter Congdon reported for the Workroom committee that 10 layettes were being made, with the additional help of Circle 8, whose members were working every Monday afternoon during Lent. She also said that the hospital work was being continued and the attendance had been good.

Mrs. Horr asked for more donations of second hand clothing for the Missions box.

Mrs. Alexander asked for three new vestments for the choir, at \$ 9.00 each, and to have three others repaired. This request was granted, as was one from Mrs. Nelson, junior choir mother, for one dozen new ties for the boys.

Mrs. Carver told about the bridge luncheon being given by Circles 3 and 8 on Wednesday, March 27th, in the Parish House, and urged everyone to come.

There being no further business, the meeting was adjourned.

Respectfully submitted,

signed: Virginia Williams,

Secretary

The above is a sample of the documents contained in the St. Paul's archives. Submitted by JoAnn Chessner and Fayth Glass

HANDBELL CHOIR FUNDRAISER

Bake Sale! Get ready to splurge on some wonderful baked goods and candies at a bake sale sponsored by St. Paul's Episcopal Handbell Choir. We'll be in the Parish Hall on Sunday, March 28 (Palm Sunday) after both the 8:00 and the 10:00 service. We welcome any and all donations of treats or cash. This will be a delicious and convenient way for you to get some wonderful hand-made goodies just before Easter! For more information please contact Rita Rosenberger (728-3568).

CALLING ALL MEN

A number of St. Paul's men have expressed an interest in (re)starting a Men's Group. If you are interested or have ideas come to the Olcott Room at 11:30 a.m. on Sunday, February 28.

Bill Van Oss

All teens and adults interested in youth ministry at St. Paul's are invited to a forum to discuss a new vision for youth ministry programming at St. Paul's on Sunday, March 14 in the children's room at 11:30am. Several models of youth ministry have been tried at St. Paul's with varying degrees of success. Youth are involved in the parish in many ways already, and we hope to build on that with a new idea for gathering the youth together. The idea under consideration is a Sunday afternoon/early dinner program once possibly twice a month. Once a month it would be a social event hosted at a parishioner home and they would provide the dinner as well as an activity (sledding at a parishioner home, wii tournament, etc...) Once a month it would be more of a structured event at church. Since we do not have a youth minister on staff, a committee of people, chaired by a volunteer would be in charge of coordinating this, with 1-2 people in charge of a given month at a time. Come and check it out and share your ideas.
Sue Van Oss

MINNESOTA FOODSHARE MARCH CAMPAIGN

The March Campaign for Minnesota's 300 state-wide food shelves food & fund drive begins March 1. This campaign is responsible for more than half of the food distributed each year in Minnesota. Unfortunately, in these difficult times for everyone, the donations aren't keeping up with the demand. There's been a 13 % increase in visitors to Minnesota Food Shelves and less than a 3% increase in donations.

During March food shelves are requesting donations of food and funds. They need your help to reach their goal of **10 million pounds and dollars**. Forty percent of CHUM's operating income comes in March during this campaign. There is a 'proportional match' for the amount raised. Each food shelf will receive additional food/funds based on what percent of the total donations raised throughout the state that particular food shelf has raised. **Every donation of food and/or money counts.**

Please contribute according to your means by bringing your food to St. Paul's. In early March we will be passing out paper grocery bags with a list of the most needed items. If you'd prefer donating money, which does go a long way in assisting CHUM to obtain food items, write a check to CHUM Food Shelf and put it in the offering plate. We will forward all funds to CHUM. You can also donate on line after March 1st at www.chumduluth.org. On the home page, click on "donate." Also, there you will find valuable information about the Food Shelf and how the dollars are used. **All the donations must reach CHUM by April 1st** to make them eligible for the matching funds. We will make sure it all donation get there on time. Remember cash donations to CHUM can go further than food donations, but both are essential.

The bags of groceries we receive will be stored in the empty office near the chapel until they are delivered. Submitted by JoAnn Chesser

PRAYER STATION

On the second and fourth Sunday of each month a prayer station is available near the baptismal font following the 10:00 am service. This means someone is there to pray with you if you have a concern, need, intention or thanksgiving for yourself or someone else. This is a simple, yet profound, way of offering what is on your mind and heart to God. The prayer station will be staffed on March 14 & 28.

	March 7	March 14	March 21	March 28	April 1 7 pm	April 2	April 4-10:30	April 4-8am	Altar Guild
ALTAR GUILD	C SPENCER L Caron K Leonard J Harvey N Claypool	F GLASS E Killen B Ammerman C Buck C Conrad	J MARINAC D Hedman P Markert M Guthrie C Miller	M STEPHENS A Mars C Stephens O Hansen W Drickhamer B. Roth R. Bovee	D Kolquist R Lyle M Crandall S Dusek		C Spencer L Caron N Claypool J Harvey K Leonard J Fellman		Linens B Ammerman C Miller
8:00 AM	S. Meyer	S. Peterson	S. Peterson					P. Kruschke	Fair Linens
USHERS	C Howard MA Howard C Dinan B Dinan	J Voss E Voss S Brown M Brown	C Orsak R Lyle M Crandall B Crandall	B Dinan C Dinan J Dusek S Dusek	D Kolquist R Lyle M Crandall S Dusek	12noon M&R Bovee 1 pm C&MA Howard	D Kolquist M Machones N Rubin M Rubin	C Bertel P Bertel M Crandall B Crandall	J Marinac B Ammerman
ACOLYTES	K WASSON Cl. Barnes S. Rennan	M. HOULE J. Halverson S. Lyle	CHR. BARNES J. Barnes Cl. Barnes	J.DANIELSON M. Dusek S. Rennan	E DIENER J Halverson K Lee		M HOULE J Barnes P Bertel	A DUSEK M Dusek T Metcalfe	N. Claypool L Strandberg D Hedman
LECTOR	N Anderson	S Stromquist	K. Halverson	S. Golden			TJ Lyle(kite)	TJ Lyle(kite)	C. Conrad
CHALICE	B. Hansen	S Stromquist	K. Halverson	S. Golden			J. Bamford	B. hansen	Cleaning *P Markert
BEARERS	N Anderson S. Hauck	M.A. Howard S. Meyer	S. Stromquist B. Hansen	N. Anderson S. Peterson			N. Diener S. Meyer S. Peterson	S. Peterson A. Pollock	A Abraham M Stephens C Miller S Peterson
FLOWER	C. Spencer	C Black	N. Schuldt	M & T Hus-tad			N Schuldt		S Peterson
COFFEE	S & D Hedman	O & B Hansen	R & T Peterson	P. James J. Chesser					Sunday Subs C Hovland
LOCK UP	T Diener	C Fellman	D Pederson	C Howard			C Moore		G Bouschor

St. Paul's Episcopal Church
1710 East Superior Street
Duluth, MN 55812

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How are you filling the "God gap" in your life?
with Rev. Mary Ellen Ashcroft
Saturday, March 20
9am-2pm
St. Paul's Olcott Room
A time for: Reflection - Quiet meditation
Creative expression - Ritual
And of course, lunch
\$5 (scholarships available) please call the office 724-3535 or email
office@stpaulsduluth.org